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Attn: Local news, weather, health and assignment editors

Air quality alert continues due to Sierra wildfires *The SQF Complex and Creek Fires continue to impact Valley*

The Creek Fire in Madera/Fresno Counties, and the SQF Complex Fire in Tulare County continue to generate particulate matter (PM2.5) in the form of smoke that is impacting the Valley. A high pressure system will remain over the region for the next several days with poor dispersion and deteriorating air quality continuing through the period.

Exposure to particulate matter pollution can trigger asthma attacks, aggravate chronic bronchitis, and increase the risk of heart attack and stroke. Individuals with heart or lung disease should follow their doctors' advice for dealing with episodes of PM exposure. Those with existing respiratory conditions, including COVID-19, young children and the elderly, are especially susceptible to the health effects from this form of pollution. Anyone experiencing poor air quality due to wildfire smoke should move indoors, to a filtered, air-conditioned environment with windows closed. The common cloth and paper masks individuals are wearing due to COVID-19 concerns may not protect them from wildfire smoke.

Residents can use the District's Real-time Air Advisory Network (RAAN) to track air quality at any Valley location by visiting myRAAN.com. District air monitoring stations are designed to detect microscopic PM 2.5 particles that exist in smoke. However, larger particles, such as ash, may not be detected. If you smell smoke or see falling ash in your immediate vicinity, consider air quality "unhealthy" (RAAN Level 4 or higher) even if RAAN displays lower level of pollution.

The public can also check the District's wildfire page at www.valleyair.org/wildfires for information about any current and recently past wildfires affecting the Valley. In addition, anyone can follow air quality conditions by downloading the free "Valley Air" app on their mobile device.

For more information, visit www.valleyair.org or call a District office in Fresno (559-230-6000), Modesto (209-557-6400) or Bakersfield (661-392-5500). District Outreach and Communications personnel are also available for media interviews via Zoom or by phone.